

MASSAGE FORM

Name _____ Phone (____) _____ DOB _____

Address _____ City _____ State _____ Zip _____

Referred by _____ Phone (____) _____

In case of emergency: _____ Phone (____) _____

Occupation _____ Male Female Physician _____

Email Address _____

Please take a moment to carefully read the following information and sign where indicated. If you have a specific medical condition or specific symptoms, massage/bodywork may be contraindicated. A referral from your primary provider may be required prior to service being provided.

Yes No Have you ever experienced a professional massage or bodywork session? How recently? _____

If you answer "yes" to any of the following questions, please explain as clearly as possible.

Yes No Do you frequently suffer from stress?

Yes No Do you bruise easily?

Yes No Do you have diabetes?

Yes No Do you have tension or soreness in a specific area? Please specify. _____

Yes No Do you experience frequent headaches?

Yes No Are you pregnant?

Yes No Do you suffer from arthritis?

Yes No Do you have cardiac or circulatory problems?

Yes No Are you wearing contacts?

Yes No Are you wearing dentures?

Yes No Do you suffer from back pains?

Yes No Do you have high blood pressure?

Yes No Do you have numbness or stabbing pains anywhere?

Yes No If "yes" to previous question, are taking medication for this?

Yes No Are you very sensitive to touch or pressure in any area?

Yes No Do you suffer from epilepsy or seizures?

Yes No Do you suffer from joint swelling?

Yes No Have you ever had surgery? Explain below.

Yes No Do you have varicose veins?

Yes No Do you have any contagious diseases?

Yes No Do you have any other medical condition, or are you taking any medications I should know about?

Yes No Do you have osteoporosis?

Yes No Do you have any allergies?

Yes No Have you had any broken bones in past two years? If "yes," when? _____

Comments _____

I understand that the massage/bodywork I receive is provided for the basic purpose of relaxation and relief of muscular tension. If I experience any pain or discomfort during this session, I will immediately inform the practitioner so that the pressure and/pr strokes may be adjusted to my level of comfort. I further understand that massage or bodywork should not be construed as a substitute for medical examination, diagnosis, or treatment and that I should see a physician, chiropractor, or other qualified medical specialist for any mental or physical ailment of which I am aware. I understand that massage bodywork practitioners are not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat any physical or mental illness, and nothing said in the course of the session given should be construed as such. Because massage/bodywork should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions and answered all questions honestly. I agree to keep the practitioner updated as to any changes in my medical profile and understand that there shall be no liability on the practitioner's part should I fail to do so. I also understand that any illicit or sexually suggestive remarks or advances made be me will result in immediate termination of the session, and I will be liable for payment of the scheduled appointment.

Client Signature _____ Date _____